

# TEAMS IN TRANSITION

**Clarity, Culture, Alignment, Growth, Momentum**

Even in a world that never stops changing, some moments truly define a new phase. Old traditions mark these transitions with rituals in nature. In Teams in Transition, we bring this wisdom to modern work practices. Together, we create an experience in nature where successes and challenges are honored, old patterns are released, and a new course is set. A day and night program is ideal for fully experiencing transitions. The rhythm of light and dark helps teams naturally experience farewells and new opportunities. This not only strengthens the acceptance of change, but also forges stronger bonds, promotes resilience and collaboration, and increases energy and motivation for the future.

## For whom

- 🔥 Companies in a reorganization.
- 🔥 Merged teams or departments after a merger.
- 🔥 Startups transitioning to scale-up.
- 🔥 Trainees starting or completing their traineeship.
- 🔥 Teams starting or completing a new project.
- 🔥 New employees as part of onboarding.
- 🔥 Teams needing a reset and new perspective.

**For teams seeking depth and a day and night that will be memorable!**



**Michelle Hendrikx**  
Trainer, Coach,  
Wildernessguide



**Nature**  
Over 4 billion years of life  
experience



**Additional Coaches/Guides**  
Depending on demand



**SURVITAL**



Contact  
**+31(0)628405541**



Email  
**info@survital.nl**



# THE ESSENTIALS

## 4 HALF-DAYS:(APPROX) 13.30H TILL 14.30H

Not a traditional '9 to 5' workshop. We enjoy exploring boundaries and believe in deviating from the beaten path and the power of the night.

"We sleep in a beautiful environment! We determine the level of comfort together."

All elements are covered, but **FIRE** takes the lead!

## NATURE AREA IN THE NETHERLANDS



## PRICING (2 DAY PROGRAM)

Please contact us for costs.  
Starting from 4900 **per team**.

### Including:

- 🔥 Vital 'expedition meal', breakfast, lunch
- 🔥 All necessary materials
- 🔥 A meaningful keepsake
- 🔥 Professional coaching
- 🔥 Coffee/tea at breathtaking location

## PROGRAM OUTLINE

The program is custom-made and allows space for surprises and detours. Theory U and its elements are woven into the program.

- 🔥 Reflecting on successes and what no longer serves
- 🔥 Saying goodbye to the old
- 🔥 A "fresh start"
- 🔥 Physically and mentally moving from A to B


Please contact us for the comprehensive information brochure.

**EXPLORE \* CONNECT \* MOVE \* GROW**



**SURVITAL**





**The night is more  
alive and more  
richly colored  
than the day.**

**- VINCENT VAN GOGH**





# SURVITAL

EXPLORE • CONNECT • MOVE • GROW

## The first step is to connect

Curious to explore new paths?

Want to know more about the program?

We'd love to hear from you!



Contact  
**+31(0)628405541**



Email  
**info@survital.nl**



More information  
**[www.survital.nl](http://www.survital.nl)**  
**[Click here](#) for english proposition**